

## **MJ RANCH 100% Grass-fed ANGUS BEEF**

***NO** hormones or antibiotics, and can always be traced back to our long-standing family herd!*

### **PRICE LIST FOR 2024/25:**

***OUR SPECIALTY: Gourmet Ground Beef—we take a whole young steer, except for a few choice cuts, and grind it all into Wonderful Ground Beef! Soooo, go ahead and enjoy your “Steak in the form of a Burger”***

#### **GOURMET GROUND BEEF: \$8.99/lb. 85-90% lean)**

<b>Tenderloin filets:</b>	<b>\$39.99/lb. two/pkg (small pkgs)</b>
<b>Ribeye Steak (without bone)</b>	<b>\$18.99/lb. (two/pkg.)</b>
<b>Liver, sliced, 1 lb. pkgs</b>	<b>\$7.99/lb</b>
<b>Heart &amp; Tongue</b>	<b>\$6.99/lb.</b>
<b>Marrow and</b>	
<b>Broth Bones (bag 4-5 lbs.)</b>	<b>\$12/BAG</b>
<b>Neck Bones:</b>	<b>\$5.99/lb. while they last!!</b>

**Not a variety of cuts this time. The Ground Beef is going fast!**

#### **TALLOW BALM by Joyce!!**

**Hey, customers, the Tallow Balm I have made for myself for years has kept me going and healthy again this year! Finally the informed are seeing the need for healthy fats in our diet and on our skin, not seed oils! My Tallow Balm is made from 50% Tallow and 50% Olive Oil (some with Avocado oil and essential oils for scent.) I prefer the plain....just 2 ingredients! (You can cook with it also!) Our tallow is made from the choicest fat around the kidneys while most use the scraps of fat from other leftover fatty pieces. Feels soooo good on dry skin! Check out Vintage Traditions' website to see what they charge for Tallow Balm: \$14.45/oz. Mine will be priced less than half of that. Call me. Would love to discuss benefits!**

**Call 785-865-2503 today or e-mail: [MJRanch66044@gmail.com](mailto:MJRanch66044@gmail.com)  
For health benefits of 100% grass- fed beef go to: <http://www.Eatwild.com>**

\*Of Course, these lotions are not evaluated by the FDA and we do not claim that our lotions can heal or cure any disease. We also do not affirm that our Tallow Balm will not cause irritation because our skin types are all different. However, the "fats" in our lotions have been used forever. Studies show 100% grass-fed beef (like ours) is higher in Omega 3's, certain Vitamins (especially E), and conjugated linoleic acid (CLA), a cancer-fighting acid that is not found in grain-fed cattle. Remember, Your skin is the biggest organ in your body and toxins can go right through the skin and to other critical organs in the body. We use only the finest Olive Oil, from Greece, with our Tallow!

Results of our lotions may vary depending on sensitivities of individual skin types. (Therefore, we are not responsible for any adverse conditions that anyone would claim came from our lotions.) Our genetic makeups are all different. Therefore, we recommend using on a small skin area first to make sure it is compatible with your body makeup. Use a pea size amount and gently rub it in until it absorbs. Yes, it may seem oily at first but, as it absorbs, enjoy the softness and itch-free skin!

Just think....finally a toxic free natural lotion with no parabens, preservatives or artificial fragrances! Safe even for baby's skin!

Store in a cool dry location out of sunlight. It softens quickly so, in the summer, you may want to store in frig. and then get it out a couple hours before use.

Call with any questions. 785-865-2503. Always leave a message, if I don't answer.

Joyce @ MJ Ranch