

MJ RANCH 100% Grass-fed ANGUS BEEF

***NO** hormones or antibiotics, and can always be traced back to our long-standing family herd!*

PRICE LIST FOR 2024/25:

OUR SPECIALTY: Gourmet Ground Beef—we take a whole young steer, except for a few choice cuts, and grind it all into Wonderful Ground Beef! Soooo, go ahead and enjoy your “Steak in the form of a Burger”

GOURMET GROUND BEEF: \$8.99/lb. 85-90% lean)

Tenderloin filets:	\$39.99/lb. 2/pkg. (small pkgs.)
Ribeye Steak (without bone)	\$18.99/lb. 2/pkg.
Liver, sliced, 1 lb. pkgs	\$7.99/lb
Heart & Tongue	\$6.99/lb.
Marrow and	
Broth Bones (bag 4-5 lbs.)	\$12/BAG
<u>Neck Boness:</u>	<u>\$5.99/lb. while they last!!</u>

Not a variety of cuts this time. The Ground Beef is going fast!

TALLOW BALM by Joyce!!

Hey, customers, the Tallow Balm I have made for myself for years has kept me going and healthy again this winter. Finally the informed are seeing the need for healthy fats in our diet and on our skin, not seed oils! My Tallow Balm is made from 50% Tallow and 50% Olive Oil (some with Avocado oil and essential oils for scent.) I prefer the plain....just 2 ingredients! (You can cook with it also!) Feels soooo good on dry skin! Check out Vintage Traditions' website to see what they charge for Tallow Balm: \$14.45/oz. Mine will be priced less than half of that. Call me. Would love to discuss benefits!

**Call 785-865-2503 today or e-mail: MJRanch66044@gmail.com
For health benefits of 100% grass- fed beef go to: <http://www.Eatwild.com>
MJ Ranch website: www.MandJRanch.com**

Beef available in bulk in ¼'s, ½'s and wholes