

## MJ RANCH 100% Grass-fed ANGUS BEEF

*NO hormones or antibiotics, and can always be traced back to our long-standing family herd!*

### PRICE LIST FOR 2023:

*OUR SPECIALTY: Gourmet Ground Beef—we take a whole young steer, except for a few choice cuts, and grind it all into Gourmet Ground Beef! Soooo, go ahead and enjoy your “Steak in the form of a Burger”*

Gourmet Ground Beef:	\$8.50/lb. (85-90% lean) <b>Sold Out</b>
Tenderloin filets:	\$37.99/lb. 2/pkg. (small pkgs.)
KC Strips	<b>\$14.99/lb.</b> 2/pkg.) without bone
Prime Rib Roast_	\$17.99/lb.
T-Bone Steaks	\$18.99 lb. 2/pkg.
Rib Eye Steak:	\$18.99/lb. 2/pkg.
Rib Steak (with bone)	\$18.99 lb. 2/pkg.) <b>Sold Out</b>
Beef Ribs:	<b>\$9.99/lb.</b>
Top Sirloin Steak	\$10.99/lb. <b>Sold Out</b>
Top Round Steak	\$9.99/lb.
Chuck Roast;	\$9.99/lb. <b>Sold Out</b>
Arm Roast:	\$10.99/lb. <b>Sold Out</b>
Boneless Roasts:	\$10.99/lb. <b>Sold Out</b>
(SirloinTip/Rump/heel of round)	
Stew Meat	\$10.99/lb.
Brisket/Flank Steak:	\$10.49/lb. <b>Sold Out</b>
Broth Bones (in Bags)	\$10/bag <b>Sold Out</b>
Bones, Soup, Neck	\$6.99/lb.
Oxtail	\$7.99/lb. <b>Sold Out</b>
Liver, sliced, 1 lb. pkgs.	\$7.99/lb.
Heart, Tongue	\$6.99/lb.

FREE DELIVERY when we make arrangements to meet you in Lawrence!

Call **785-865-2503** today or e-mail: [MJRanch66044@gmail.com](mailto:MJRanch66044@gmail.com)

For health benefits of 100% grass- fed beef go to: <http://www.Eatwild.com>

MJ Ranch website: [www.MandJRanch.com](http://www.MandJRanch.com)

***Beef available in bulk in ¼'s, ½'s and wholes***