

PRICE LIST FOR 2022

MJ RANCH 100% Grass-fed ANGUS BEEF

Our Cattle are rotationally grazed all year long--never in a feedlot, no growth hormones or antibiotics, and can always be traced back to our long-standing family herd!

OUR SPECIALTY: Gourmet Ground Beef—we take a whole young steer, except for a few choice cuts, and grind it all into Gourmet Ground Beef! Soooo, go ahead and enjoy your “Steak in the form of a Burger”

BEST DEAL—A whole or side of beef!

Gourmet Ground Beef:	\$8.99/lb. 85-90% lean
Tenderloin filets:	\$39.99/lb 2/pkg. (approx. ½ lb./pkg.)
KC Strips:	\$15.99/lb (2/pkg.)
Prime Rib Roast:	\$17.99/lb.
T-Bone Steaks	\$18.99 lb. (2/pkg.)
Rib Eye Steak:	\$19.49/lb. (2/pkg.)
Rib Eye Steak (With Bone):	\$18.99/lb.
Beef Ribs:	\$11.99/lb.
Top Sirloin Steak:	\$10.99/lb.
Top Round Steak:	\$9.99/lb.
Chuck Roast:	\$9.99/lb.
Arm Roast:	\$10.99/lb.
Boneless Roasts:	\$10.99/lb. (SirloinTip/Rump/heel of round)
Stew Meat:	\$10.99/lb.
Brisket/Flank Steak:	\$10.49/lb
Broth Bones (in Bags):	\$3.99/lb
Bones:	\$5.99/lb. Soup, Neck & Marrow
Oxtail:	\$6.99/lb.
Liver:	\$6.99/lb. (~1 lb. pkgs.)
Heart, Tongue:	\$6.99/lb.

FREE DELIVERY when we make arrangements to meet you in Lawrence!

Call **785-865-2503** today or e-mail: MJRanch66044@gmail.com

For health benefits of 100% grass- fed beef go to: <http://www.Eatwild.com>

MJ Ranch website: www.MandJRanch.com

Beef also available in bulk in ¼'s, ½'s and wholes