

MJ RANCH 100% Grass-fed ANGUS BEEF

Our Cattle are rotationally grazed all year long--never in a feedlot, no growth hormones or antibiotics, and can always be traced back to our long-standing family herd!

PRICE LIST FOR 2020

OUR SPECIALTY: *Gourmet Ground Beef—we take a whole young steer, except for a few choice cuts, and grind it all into Gourmet Ground Beef! Soooo, go ahead and enjoy your “Steak in the form of a Burger”*

BEST DEAL—A whole or side of beef!

GOURMET GROUND BEEF:	\$8.50/lb.	85-90% lean (Approx. 1 lb. pkgs.)
GOURMET GROUND BEEF:	\$8.50/lb.	80-20% lean (Approx. 1 lb. pkgs.)
Tenderloin filets:	\$34.99/lb.	Small Pkgs. (2/pkg.)
KC Strips: (Bone In):	\$13.99/lb.	(Two in a pkg.)
Prime Rib Roast:	\$16.99/lb.	
T-Bone Steaks:	\$17.99 lb.	(Two in a pkg.)
Rib Eye Steak:	\$18.49/lb.	(Two in a pkg.)
Top Sirloin Steak:	\$10.25/lb.	
Top Round Steak:	\$ 9.49/lb.	(3/4" thick one/pkg.)
Chuck Roast:	\$9.49/lb.	
Arm Roast:	\$10.25/lb.	
Boneless Roasts:	\$10.49/lb.	(SirloinTip/Rump/heel of round)
Stew Meat	\$9.99/lb.	
Brisket/Flank Steak:	\$9.49/lb	
Broth Bones (approx 5# bags):	\$3.99/lb. OR \$15/bag	(shank marrow bones for broth)
Soup and Neck Bones:	\$4.99/lb	
Oxtail:	\$5.99/lb.	
Liver, sliced:	\$5.99/lb	(1 lb. pkgs.)
Pet Food (ground organ meat)	\$2.99/lb	Sold out
Heart, Tongue	\$4.99/lb.	(Reg. 5.99/lb.)

FREE DELIVERY when we make arrangements to meet you in Lawrence!

Call **785-865-2503** today or e-mail: MJRanch66044@gmail.com

For health benefits of 100% grass- fed beef go to: <http://www.Eatwild.com>

MJ Ranch website: www.MandJRanch.com

Beef available in bulk in ¼'s, ½'s and wholes