



Our Beef is...

100 % grass-fed. No grain

All natural. No hormones or antibiotics.

Certified by A Greener world as 100% Grassfed and Animal Welfare Approved.

In Sickness and in Health...

Recently, I mentioned in one of our newsletters that one of our best cows had become sick and lame. That prompted several questions regarding how we treat sick animals.

One of the fundamental differences between free-range grassfed beef operations and feedlot operations is how disease in cattle is managed. Health management is a major part of our animal welfare certification through A Greener World where “Animal management must be focused on promoting health rather than treating disease.”

Most cattle in feedlots are fed low levels of antibiotics in the feed to treat or prevent diseases.



This certainly does not mean that we do not treat sick animals. On the contrary A Greener World stipulates that “Any sick or injured animals on the farm must be treated immediately to minimize pain and distress. This must include vet-

erinary treatment if required.”

In the case of our sick cow, we administered antibiotics until she recovered, then sold her at an auction after she recovered. We track any animal that is treated with antibiotics or any other medication. Although extremely rare with our market stock, it does happen occasionally. If the treated animal is part of our market stock, we will not sell it to our customers. We will typically, consume it ourselves, donate it, or sell it at an auction.

But since our cattle are not confined, they typically stay healthier and happier throughout their life on the ranch.

What’s New on the Ranch

Calving season has officially begun! At the time I am writing this, we have had 11 calves. Not bad for having a due date of September 2nd (based on when we turned the bulls in). For this newsletter, I thought I would just leave you with images of baby calves, because everyone needs more pictures of baby cows in their lives right now!

Come and visit us, pick up some great grass fed beef and sees some the calves!



Beef Updates:

BULK BEEF

Whole, half, or quarter beef

- We are currently sold out for our bulk beef in 2021 due to high demand. We will be putting those interested on a waiting list if something becomes available.
- For those of you currently on the waiting list, we still have you on the list and will contact you in the order in which you were added to the list when/if something becomes available.
- The way it (usually) works is: 1) You tell us you want a quarter, half, or a whole. 2) We will follow up with you with additional details. 3) You can confirm your interest and send a deposit (\$100) to reserve your beef
- Please contact us with any questions.

RETAIL BEEF

Cuts directly from MJ Ranch

- We have restocked our freezers here at the ranch for the spring and summer. If you want individual cuts, please contact Joyce at mjranch66044@gmail.com for availability and to schedule a time to come out and pick some up.
- See our "Price List" on the website <https://mandjranch.com/contact-pricing/> for pricing and to see what cuts we typically have in stock.



Joyce's Recipe Corner

SUMMER SAUSAGE

(Great for Back-to-School lunches)

2 lbs. Gourmet Ground Beef (MJ Ranch) Mix with:

- 1 C Water
- 1 ½ tsp. Liquid Smoke
- ½ tsp. garlic salt
- 2 Tbsp. Mustard Seed
- ½ tsp. onion salt
- 1 tsp. Coarse Black Pepper
- 2 Tbsp. coarse Salt
- ½ tsp. of each: Allspice, cloves, Nutmeg

Mix well. Roll into 2 rolls. Place in frig 24 hours. Remove from frig and mix again. Form into 2 rolls and bake at 300 degrees for 1 ½ hours on rack so drippings will drain off as it bakes. Slice and enjoy on sandwiches or with crackers as a healthy nutritious snack! (This is awesome for school lunches.) It beats that nitrate loaded luncheon meat that you buy at the stores.



Our beef is all 2-year old, 100% grass-fed Angus beef, that has **never** been fed grain, always been kept on pasture, never in a feedlot, no growth hormones or antibiotics, and always been given humane care....as certified by A Greener World. We have 2 certifications: Animal Welfare Approved (humane care) & Certified Grassfed (fed only grass/hay)!



Connect with us!

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And on Facebook and Instagram [@MJRanchLLC](#)