

MJ RANCH 100% Grass-fed ANGUS BEEF

Our Cattle are rotationally grazed all year long--never in a feedlot, no growth hormones or antibiotics, and can always be traced back to our long-standing family herd!

PRICE LIST FOR 2020: red means "on sale" or "Sold out"

OUR SPECIALTY: *Gourmet Ground Beef—we take a whole young steer, except for a few choice cuts, and grind it all into Gourmet Ground Beef! Soooo, go ahead and enjoy your "Steak in the form of a Burger"*

BEST DEAL—A whole or side of beef!

GOURMET GROUND BEEF: \$8.50/lb. 85-90% lean (Approx. 1 lb. pkgs.)

GOURMET GROUND BEEF: \$8.50/lb. 80-20% lean (Approx. 1 lb. pkgs.)

Tenderloin filets:	\$34.99/lb. Small Pkgs. (2/pkg.)
KC Strips: (Bone In)	\$13.99/lb. (Two in a pkg.)
<u>Prime Rib Roast</u>	\$16.99/lb.
T-Bone Steaks	\$17.99 lb. (two in a pkg.)
Rib Eye Steak:	\$18.49/lb. (two in a pkg.)
Top Sirloin Steak	\$10.25/lb.
Top Round Steak,	\$ 9.49/lb. 3/4" thick one/pkg.
Chuck Roast;	\$9.49/lb.
Arm Roast:	\$10.25/lb.
Boneless Roasts:	\$10.49/lb.
<i>(Sirloin Tip/Rump/heel of round)</i>	
<u>Peppercorn Beef Snacks (Salami)</u>	<u>\$6.99/pkg.</u> <small>(cured with celery salt...no nitrates/nitrites)</small>
Stew Meat	\$9.99/lb.
Brisket:	\$9.49/lb
Broth Bones (approx 5# bags)	\$3.99/lb. OR \$15/bag (shank marrow bones for broth)
Soup and Neck Bones	\$4.99/lb
Oxtail	\$5.99/lb.
Liver, sliced, 1 lb. pkgs.	\$5.99/lb
Pet Food (ground organ meat)	\$2.99/lb Sold out
Heart, Tongue	\$4.99/lb. (Reg. 5.99/lb.)

FREE DELIVERY when we make arrangements to meet you in Lawrence!

Call 785-865-2503 today or e-mail: MJRanch66044@gmail.com

For health benefits of 100% grass- fed beef go to: <http://www.Eatwild.com>

MJ Ranch website: www.MandJRanch.com

Beef available in bulk in 1/4's, 1/2's and wholes