

## MJ RANCH 100% Grass-fed ANGUS BEEF

*Our Cattle are rotationally grazed all year long--never in a feedlot, no growth hormones or antibiotics, and can always be traced back to our long-standing family herd!*

### INDIVIDUAL CUT PRICE LIST FOR 2020:

***OUR SPECIALTY: Gourmet Ground Beef—we take a whole young steer, except for a few choice cuts, and grind it all into Gourmet Ground Beef! So, go ahead and enjoy your “Steak in the form of a Burger”***

Gourmet Ground Beef:	\$8.50/lb. (Approx. 1 lb. pkgs.)
Tenderloin filets:	\$34.99/lb. (2 per pkg.)
KC Strips (Bone In):	\$13.99 (2 per pkg.)
Prime Rib Roast:	\$16.99/lb. (Standing Rib Roast) <b>Sold Out</b>
T-Bone Steaks:	\$17.99 lb. (2 per pkg.)
Rib Eye Steak (boneless):	\$18.49/lb. (2 per pkg.)
Top Sirloin Steak:	\$10.25/lb. (3/4" thick one/pkg.)
Top Round Steak:	\$9.49/lb. (3/4" thick one/pkg.)
Chuck Roast:	\$9.49/lb.
Arm Roast:	\$10.25/lb.
Boneless Roasts:	\$10.49/lb (SirloinTip/Rump/heel of round)
Peppercorn Beef Snacks:	<b>\$6.99/pkg. On Sale!</b> (no nitrates/nitrites)
Stew Meat:	\$9.99/lb. (Approx 1 lb. pkgs.)
Brisket:	\$9.49/lb (Whole)
Broth Bones:	\$3.99/lb (shank/marrow bones for broth)
Soup, Neck,Oxtail Bones:	\$4.99/lb (meaty; for soup)
Liver (sliced):	5.99/lb (1 lb. pkgs.)
Heart, Tongue:	<b>\$3.99/lb On Sale!</b> (Reg. \$5.99/lb)
Pet Food (ground organ meat):	\$2.99/lb

**FREE DELIVERY when we make arrangements to meet you in Lawrence!**

**Call 785-865-2503 today or e-mail: [MJRanch66044@gmail.com](mailto:MJRanch66044@gmail.com)**

**For health benefits of 100% grass-fed beef go to: <http://www.Eatwild.com>**

**MJ Ranch website: [www.MandJRanch.com](http://www.MandJRanch.com)**

***BEST DEAL – Bulk Beef also available in 1/4's, 1/2's and wholes. Contact us for details***